



CHI St. Joseph Children's Health

CHI St. Joseph Children's Health reinforces Pennsylvania Learning Standards for Early Childhood: Kindergarten 2016

Approaches to Learning Through Play			Creative Thinking and Expression	Health, Wellness, and Physical Development								Social and Emotional Development							
AL.1 K			AL.4 K		9.4 K	10.1 K					10.2 K		16.1 K		16.2 K				16.3 K
Constructing and Gathering Knowledge			Learning through Experience		Aesthetic Response to Work in the Arts	Concepts of Health					Healthful Living		Self-Awareness and Self-Management		Establishing and Maintaining Relationships				Decision-Making and Responsible Behavior
A	B	C	A	C	B	B	C	D	E	A	E	A	C	A	B	D	E	C	
Curiosity and Initiative	Risk Taking	Stages of Play	Making Connections	Problem Solving	Emotional Response	Interaction of Body Systems	Nutrition	Medication	Health Problems and Disease Prevention	Health Practices, Products, and Services	Health and the Environment	Manages Emotions and Behaviors	Resiliency	Relationships - Trust and Attachment	Diversity	Managing Interpersonal Conflicts	Support - Asking for Help	Responsible Active Engagement - Empathy	
X	X	X	X		X	X	X		X	X	X		X				X	X	
X	X		X	X	X	X	X	X	X	X	X	X		X			X	X	
X	X	X	X	X	X	X	X		X	X		X	X	X	X		X		
X	X		X		X	X			X	X	X	X	X	X	X	X	X	X	

Healthy Mouth: Oral Hygiene

Young audiences learn to brush their teeth and floss, choose low-sugar snacks, drink plenty of water, and visit the dentist.

Healthy Body: Germs

Children learn how to prevent the spread of germs through washing their hands, covering their cough, eating well, getting rest and seeing the doctor for immunizations.

Healthy Body: Nutrition

Children learn how and what to eat from Hank the Health Hero who gets energy to play and learn from the healthy food choices he makes.

Healthy Friend: Emotions

Hank doesn't always have the words to describe how he is feeling. Hank and children learn how to recognize and label feelings, practice cool down strategies and become more self aware.

Partnerships for Learning: Families, Schools and Communities

Standard 1 Families are supported and connected to community resources

Standard 3 Families have the knowledge and understanding to encourage and support their students' learning and development

We encourage family participation at Hank's Health Quests to engage caregivers and siblings and strengthen the child's network of support.