



CHI St. Joseph Children's Health reinforces Pennsylvania Learning Standards for Early Childhood: Pre-Kindergarten 2014

Approaches to Learning Through Play			Creative Thinking and Expression	Health, Wellness, and Physical Development						Social and Emotional Development								
AL.1 PK			AL.4 PK		9.4 PK	10.1 PK				10.2 PK		16.1 PK		16.2 PK				16.3 PK
Constructing and Gathering Knowledge			Learning through Experience		Aesthetic Response to Work in the Arts	Concepts of Health				Healthful Living		Self-Awareness and Self-Management		Establishing and Maintaining Relationships				Decision-Making and Responsible Behavior
A	B	C	A	C	B	B	C	D	E	A	E	A	C	A	B	D	E	C
Curiosity and Initiative	Risk Taking	Stages of Play	Making Connections	Problem Solving	Emotional Response	Interaction of Body Systems	Nutrition	Medication	Health Problems and Disease Prevention	Health Practices, Products, and Services	Health and the Environment	Manages Emotions and Behaviors	Resiliency	Relationships - Trust and Attachment	Diversity	Managing Interpersonal Conflicts	Support - Asking for Help	Responsible Active Engagement - Empathy
X	X	X	X		X	X	X		X	X	X		X	X			X	X
X	X		X	X	X	X	X	X	X	X	X		X	X			X	X
X	X	X	X	X	X	X	X		X	X		X	X	X	X		X	X
X	X		X		X	X			X	X	X	X	X	X	X	X	X	X

Healthy Mouth: Oral Hygiene

Young audiences learn to brush their teeth and floss, choose low-sugar snacks, drink plenty of water, and visit the dentist.



Healthy Body: Germs

Children learn how to prevent the spread of germs through washing their hands, covering their cough, eating well, getting rest and seeing the doctor for immunizations.



Healthy Body: Nutrition

Children learn how and what to eat from Hank the Health Hero who gets energy to play and learn from the healthy food choices he makes.



Healthy Friend: Emotions

Hank doesn't always have the words to describe how he is feeling. Hank and children learn how to recognize and label feelings, practice cool down strategies and become more self aware.



Partnerships for Learning: Families, Early Care and Education Programs, and Communities

- PL.2 Families experience relationships with early care and education programs that are affirming, reciprocal, and build upon their strengths (see how they support child's development)
- PL.3 Families have the support and information they need to encourage their children's learning and development (participate in formal and informal learning opportunities to gain relevant knowledge)
- PL.6 Families grow in their leadership and use these skills in many different ways (become involved in child's education, more aware of child's issues/concerns, etc)

We encourage family participation at Hank's Health Quests to engage caregivers and siblings and strengthen the child's network of support.